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# Stoney Point Winter 2019-2020 Swim Team Rookie Week

REGISTER NOW! Join us at the Stoney Point YMCA pool for a week and see if you would like to be a part of our team. The Stoney Point Stingrays are hosting a **FREE** rookie week for swimmers ages 6-18 years.

Jump in and try us out. We will work on stroke development and building endurance.

**Dates: Monday, October 14-Friday, October 18th**

**Time: Monday-Thursday/6pm-7:30pm and Friday/5:30pm-6:30pm**

**Fee: FREE**

**Register: In person or call the Stoney Point YMCA 319-390-3488**

This program is designed for swimmers that have not previously swam with the YMCA and all participants should be able to complete 25 yards freestyle across the pool.

For more information contact the Stoney Point YMCA, 319-390-3488.